



Families in Focus CIC Parenting with Empathy

to build your families emotional wellbeing and
reduce behaviours that challenge

A proven therapeutic approach to increase positive family communication to manage behaviours that challenge.

Topics will include:

“What is empathic listening? How and why it benefits families?”

“Encouraging families to build a positive emotional language “”

“Ways to consistently model positive reinforcement”

Fully funded places available by DSPL 7 so
FREE for parents caring for children under 11
years old with *any* additional needs and living in
**DSPL7 areas of St Albans, Harpenden
Redbourn, Wheathampstead, London Colney.**

Where:

**St Albans Girls' School,
Sandridgebury Lane
St Albans
Hertfordshire
AL3 6DB**

When:

Monday 12.30 to 2.30pm

March 5th, 12th, 19th

DSPL | Delivering Special
Provision Locally

Achieving quality outcomes



Families In Focus CIC

A Community Interest Company

**Places are limited and must be booked by contacting
Lesley, Francine or Maria:**

Email info@familiesinfocus.co.uk

Phone and leave a message: 01442 219720