

# FIRST AID COURSE for TEENAGERS

**SATURDAY, 26<sup>th</sup> October 2019**

**9.00am – 1.00pm**

**St Albans Fire Station, 153 London Road, AL1 1TQ**

**£45.00 per person**

To reserve a place please contact Vista on:

Tel: 01727 807525 or 07584 798528

Email: [vistastalbans@gmail.com](mailto:vistastalbans@gmail.com)

In partnership with:



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*A four hour Basic Life Support course for young people and adults who babysit or care for children run by Clearaid (for further information visit [www.clearaid.co.uk](http://www.clearaid.co.uk) ). All Clearaid Instructors are highly trained serving Emergency Personnel. We keep our courses relaxed, relevant and work on a practical basis to ensure that you gain confidence to step up and deal with any First Aid situation you could find yourself in. All attendees will receive a certificate.*

*This course is offered to anyone aged 13 years and above. Please request contact us to request a Booking Form and then return this with payment to Vista St Albans CIC, 228 Hatfield Road, St Albans, AL1 4LW.*

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To find out more and to book a place please call Vista on 07584 798528 or  
Email: [vistastalbans@gmail.com](mailto:vistastalbans@gmail.com)

(Cheques payable to Vista St Albans CIC)  
(Concessions given upon application – please ask us)

**[www.vistastalbans.org.uk](http://www.vistastalbans.org.uk)**

