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September 2016

ST ALBANS PLUS SCHOOLS' PARTNERSHIP FAMILY SUPPORT SERVICES 2016-2017

We are a Partnership of local schools working together to improve outcomes for our children and young people. The lead school is Fleetville Junior School and the Partnership has a contract with Vista St Albans CIC to deliver the work. Vista St Albans comprises a Partnership Development Officer, School Family Workers, Mentors and Counsellors. The St Albans Plus Schools' Partnership offers the following services:

- ✦ **ECaf support for schools and families:** An assessment is carried out with the family. Support includes actions, reviews and liaison with the professionals involved. Overall responsibility of the ECaf process. We have a broad knowledge of external agencies and local services which can be approached to support families.
- ✦ **Education Health and Care Plan Support:** Our School Family Workers are trained to support parents with the ECH Plan. We also liaise with Kids, a national charity who support parents on transfers and initiation of new EHC Plans.
- ✦ **Family Support:** Working with parents and carers in the home and school to deliver a targeted programme of support or signposting to relevant services. This programme is varied and offers information and advice in regards to (but not limited to):
 - Attendance
 - Boundary setting and routines
 - Bullying
 - Employment and work skills
 - Financial concerns and benefits advice
 - Healthy Eating
 - Housing concerns
 - Internet Safety
 - Issues with drugs, smoking and alcohol
 - Loss and bereavement
 - Managing challenging behaviour at home
 - Managing teenage behaviours
 - Mental health
 - Signposting to specialist agencies
 - Support for children with additional needs
 - Support when a diagnosis is required
 - Transition
 - Under 16s mediation service and mediation for parents
 - Young Carer support

- ✦ **Intervention and Behaviour Support:** We offer a traded service which is bespoke to the needs of each school. These services are additional to the Core Offer and are being developed and expanded every year!. Our staff and associate facilitators are experienced and able to deliver these programmes to school staff, parents/carers, children and young people in our schools which include:

 - Boys, behaviour and boundaries
 - Friendships
 - Protective Behaviours
 - Self Esteem
 - Resilience
 - Transition

- ✦ **Mentoring:** We offer a traded mentoring service for parents/carers and schools. Mentoring offers a 'listening ear' to explore a variety of issues such as low self esteem, family breakdown, anxiety, anger and behaviour.

- ✦ **Multi-agency work:** Our School Family Workers work closely with CAMHS, DSPL7, Police, Bereavement Matters, Step 2, Carers in Herts, district, county and community agencies and support groups. We also work closely with Harpenden Plus Schools' Partnership.

- ✦ **Parenting Courses and Workshops:** Our staff are trained to deliver a variety of parenting courses and workshops of the following topics:

 - Additional Needs
 - Dealing with Anger
 - Drugs and Alcohol
 - Families Feeling Safe
 - Family Toolkit
 - Internet Safety
 - My Teen Brain
 - Parenting Puzzle
 - Pre-Teens
 - Raising Boys and Resilient Girls
 - Sibling Rivalry
 - Understanding Teenagers

We also provide the above as a 'Parent Party' delivered to a group of parents/friends in the home.

- ✦ **Parent Support/Additional Needs:** We also offer the following specialised support for parents of children and young people with additional needs as follows:

Simple Solutions – Support group for parents/carers of children with ASC with Sally Glossop, Autism Advisor (Communication Disorders Team).

Support Surgeries with Anne Pocock, Specialist Teacher for Autism and Paula Jones, Early Years Autism Specialist – Parents of children with ASC can book an individual session with the Communication Disorders Team.

- ✦ **Partnership Development and Projects:** Information sharing and gathering, joint project management, signposting and fundraising – please contact the Partnership Development Officer for a discussion around bespoke projects that you may be interested in running. These might involve other schools or outside partners or agencies.

- ✦ **Telephone Support:** We have a 50 week a year service in place and can be contacted at any time during normal working hours (Monday to Friday – 8.45am – 5.00pm). We do not work weekends or bank holidays, but signpost to emergency helplines.

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