

## Behaviour and Intervention Support Services for schools

**September 2021 – August 2022**

St Albans Schools' Partnership offers a number of packages to support children, young people, adults and school staff through intensive programmes. Each support scheme will start with a referral from school, a conversation to discuss the intervention required and desired outcomes. Schools will be provided with an evaluation at the end of the intervention to discuss whether outcomes have been met and establish future service requirements. These Intervention Support Programmes can be tailor-made to suit each school.

**This service is a Traded Service charged at £45 per session or £1540 for one hour each week for one year (10% discount). Please find details below of the Behaviour and Intervention service provided by Stacy Holland and Katie Hildreth, School Family Workers for Behaviour and Intervention:**

INTERVENTIONS WITH INDIVIDUAL STUDENTS AND SMALL GROUPS	WAYS OF WORKING (All interventions are time limited)
<b>Interventions supporting mental health</b> <ul style="list-style-type: none"> <li>• Anxiety issues</li> <li>• Self-harm</li> <li>• Self esteem</li> <li>• Building resilience</li> <li>• Promoting emotional literacy</li> <li>• Mindfulness</li> </ul>	<ul style="list-style-type: none"> <li>• Classroom observation, full report provided including recommendations.</li> <li>• Attendance at meetings with school and parents.</li> <li>• Intervention in school with child, time limited.</li> </ul>
<b>Social skills</b> <ul style="list-style-type: none"> <li>• Friendship difficulties</li> <li>• Bullying</li> <li>• Social stories</li> </ul>	<b>Interventions to include:</b> <ul style="list-style-type: none"> <li>• Art and craft activities</li> <li>• Role play and Games</li> <li>• 'Build to Express' – therapeutic working through Lego</li> </ul>
<b>Behavioural Difficulties</b> <ul style="list-style-type: none"> <li>• Bullying</li> <li>• Anger management</li> <li>• Protective behaviours</li> <li>• Drug and alcohol issues</li> </ul>	
<b>Tree of Life / Resilience / Self Esteem</b> 6 week project for small groups or 1-1	
<b>Protective Behaviours</b>	
<b>Transition support</b>	
<b>Pastoral Support programme</b>	