

## A Complete Guide to Parenting Children with ALL Special Educational Need

This CANparent Quality Award evidence-based course is for parents living in Hertfordshire and parenting children from 2 to 11 years with Autism, ADHD, SEN and related conditions inclusive of those awaiting assessment/diagnosis.

Facilitated by Francine and Lesley who are trained, qualified and experienced facilitators and parents too with 20 + years personal and professional experience.



This ten session course will enable you to:

- ✓ Gain greater knowledge and understanding of the SEND language and acronyms
- ✓ Answer the question 'Why does my child do that?'
- ✓ Learn a range of strategies and solutions to better manage behaviours that challenge
- ✓ Gain more understanding of anger triggers and strategies to reduce angry meltdowns
- ✓ Learn how to support siblings living with a sister/brother with additional needs / challenging behaviours
- ✓ Learn communication techniques to reduce 'emotional traffic jams' and improve your child's emotional regulation
- ✓ Reduce conflict with tried and tested strategies
- ✓ Learn more about the range of services and organisations that can support you and your family

"I would highly recommend all parents of children with Autism go on this course - you'll be amazed how much you learn, and it's great that both Lesley and Francine are parents too, so really do understand."



Funded by Hertfordshire County Council and free for parents living in Hertfordshire

Where: Online via Zoom

When: Wednesdays 6.30 - 8.30pm

September 9th, 16th, 23rd, 30th

October 7th, 14th, 21st

November 4th, 11th, 18th

Places are limited and must be booked via Eventbrite on our website  
[www.familiesinfocus.co.uk](http://www.familiesinfocus.co.uk) Email: [bookings@familiesinfocus.co.uk](mailto:bookings@familiesinfocus.co.uk)