

TALKING



FAMILIES

Because parents don't get training for the toughest job on earth!

ONLINE



Wednesdays 9.45-11.15am 20th Apr-25th May ID 503

Thursdays 8.00-9.30pm 21st Apr-26th May ID 504

Tuesdays 8.00-9.30pm 7th June-12th Jul ID 505



Our FREE 6 week online courses for parents and carers of children aged 0-12 will help you to:

- Manage challenging behaviour with consistency
- Encourage positive behaviour
- Build your child's self esteem
- Set and maintain boundaries
- Respond to tantrums and difficult feelings in children

'It was a brilliant course and has made a huge difference'

'It has taught me new skills to deal with family life'



PARENTING COURSES DELIVERED TO YOUR HOME VIA ZOOM

Full details on how to access and use Zoom will be offered.

OPEN TO PARENTS AND CARERS ACROSS HERTFORDSHIRE

**Pre-booking essential
Please quote the course ID**

To check eligibility and book a place, contact Supporting Links on:

07512 709556

bookings@supportinglinks.co.uk

www.supportinglinks.co.uk



This courses are provided free to parents by Hertfordshire County Council