

A free daytime course  
for parent/carers of children  
aged 5-14

Run by specialist  
ADHD/Autism Trainers  
from ADD-vance



# ADD-vance Understanding ADHD 6-week Course for Parent/Carers

This 6-week course is designed to meet the needs of parent/carers of children aged 5-14 years with a diagnosis or suspected diagnosis of ADHD

All sessions take place on Thursdays between 10 am - 12 pm  
on

30th January, 6th, 13th, 27th February  
5th, 12th March 2020

(all sessions must be attended)

at

Little Hands and Little Feet Family Centre, Douglas Gardens,  
Berkhamsted HP4 3PE

For bookings, please book via Eventbrite:  
<https://add-vance-understanding-adhd-dacorum-spring-2020.eventbrite.co.uk>

Please note, this course is only open to Hertfordshire residents

Places are limited so please do book early to avoid disappointment

## ADD-vance

The ADD-vance ADHD and Autism Trust  
Working to support people with ADHD and Autism in Hertfordshire

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